



Kinmount Gazette

KINMOUNT GAZETTE
THE KINMOUNT COMMITTEE FOR PLANNING AND ECONOMIC DEVELOPMENT

March 2021 Volume 13: Issue 5

Barn Quilt Trail Project

A very popular rural project today is a Barn Quilt Trail.

The idea is to celebrate rural heritage in the area by placing painted quilt blocks on historical or significant sites in the area.

The quilt blocks are not made of fabric, but are painted on wood frames. They can be any design from traditional quilt designs to specially created designs.

These sites can be agricultural buildings such as barns, historically significant buildings, traditional sites or any other place.

The purpose of these quilt blocks is to show off the local area and promote a historical trail of local sights.

The Kinmount Community has always been proud of its history and heritage; with its beautiful, natural scenery. This is a good opportunity to show off both strengths. After all, our slogan has been: "Explore Our Heritage; Experience Our Charm". What better way to do both than a Barn Quilt Trail tour.

The sites will be spread out, not only in the village, but along our scenic back roads. A driving tour will be organized, with an online map and a printed map. A "Road Tour" through the community is a pleasant way to see the sights and discover our history.

To gauge the support for a Barn Quilt Trail Tour, the Gazette is asking local residents to express their interest in participating by contacting the editor.

I have included some sample Barn Quilt Blocs I found on other Trails this past year. You may help or participate in various ways:

- arrange for a barn quilt bloc on your property

- assist the committee to organize the event
donate to the cost of assembly

There are many different ways you can help this project. I look forward to your feedback. Let's put Kinmount back on the map! To volunteer or be a part of the Trail, please contact:

Guy Scott
gdsscott@mail.com
705-488-3182



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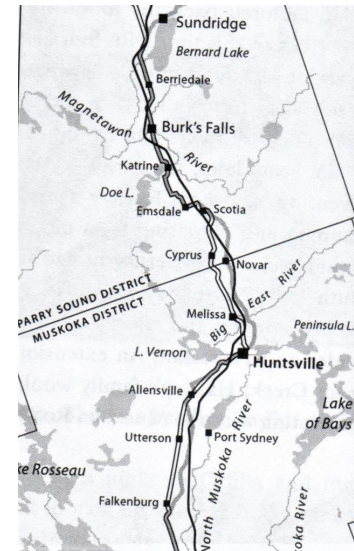
Friends and Neighbours: Muskoka Road Part II

The last few Friends and Neighbours section has been following ghost towns along the old Muskoka Colonization Road. The earliest settlers and villages followed the course of this earliest trail. But changing times doomed many of these first hamlets. The largest villages (Gravenhurst, Bracebridge and Huntsville) flourished and became major towns. But there were many hamlets that were not so fortunate. The arrival of the first railway (Great Northern Railway 1879) bypassed many hamlets. Most of these hamlets became ghost towns or moved to another site on the actual railway line. In the the 1920s, the Government of Ontario built a “modern” highway called the Ferguson Highway to link Southern Ontario to the New North: the lands above North Bay. New routes were laid bypassing large stretches of the old Muskoka Road which led to more disruptions in road patterns. And finally in 2012, the modern route (Highway #11) further altered the road network. All these changes made some towns flourish and others wither away. This is the story of the withered group.

After leaving Utterson, the pioneer Muskoka Road struck off northeast towards Huntsville. Between the two towns lay the hamlet of Allensville. It was named after the first settler, Allen McNichol. It was a dispersed settlement along the Muskoka Road with post office, school and churches all spread out. The post office and store are gone, but the school is a community centre and the Madill Church continues to function. The Madill Church is a surviving example of a pioneer-age (1870s) log church. Very few log churches still survive in Ontario. It is surrounded by a large cemetery and still presents an impressive example of what Ontario used to be. The next settlement along the old Road is Huntsville, a thriving, prosperous town that dominates the surrounding area. North of Huntsville, the Muskoka Road followed a winding route up to Burk’s Falls on the Magnetewan River. The railway route caused a lot of change in the 1880s. The first hamlet north from Huntsville was called Melissa. The original settlement moved north several miles so it could be relocated on a new site on the railway, actually called Melissa II. Next on the old road was a cross roads hamlet called Cyrus. It had a name change to Irene. Then it had a complete move as the hamlet was moved east to a

local on the railway line called Novar. This community still exists as a village of 300 souls as it still has access to both the railway and Highway 11 corridor. Next hamlet along the Road was the mill town of Scotia. The railway arrived in 1880 bringing added prosperity. In 1889, the settlement received an added boost when the new Ottawa-Arnprior and Parry Sound Railway reached the community from the east. This railway ran between the Ottawa Valley and Parry Sound. It was built to serve the lumber industry in Algonquin Park and link the Ottawa Valley with the port of Parry Sound on Lake Huron. It became a going concern and brought prosperity to many pioneer communities. It also served as the only access to Algonquin Park until a road (Highway # 60) was built through the Park in the 1930s. The two railways met just south of the village of Scotia and the junction was called Scotia Junction. The community included an impressive business section and an equally impressive railway yard! Just a couple of miles up the road is the hamlet of Emsdale. It was a farming crossroads that moved slightly in the 1880s to be near the Northern Railway. Emsdale became the headquarters of the Perry Township Fair (still going) and was a major road junction for the settlements of Kearny, Star Lake and Sprucedale. Today Emsdale still has a population of 200 and an access to Highway 11.

Next among the Muskoka Colonization Road was Katrine. Located on a river draining out of nearby Doe Lake, it was a mill town. In a pattern imitated all along the Road, the arrival of the Northern Railway caused a move of the hamlet about a mile east so it could have a station on the rail line. The new roads favoured this route and the original Katrine was totally abandoned and a Katrine #2 situated on the railway. It still exists today. After Katrine, the Muskoka Road ran straight to Burk’s Falls.



Above : Novar - Boy Scouts Parade
Below: Madill Pioneer Church Allensville



The 1918 Influenza in Kawartha Lakes

The 1918 Influenza hit Lindsay mid-September, just about the same time as the Lindsay Central Exhibition, which happened to note record attendance on closing that year. Headlines and most of the pages were devoted to news of the war. On page seven of the September 27 edition of the Lindsay Post articles included both "Record Attendance on Closing Day of Central Exhibition" and "Spanish Influenza Hits Lindsay, Description of its Symptoms". Listed symptoms included "sudden onset with chills, severe headache, pains the in back and elsewhere, general malaise, flushed face, some soreness of the throat, and fever of from 101 deg to 104 deg. F with a rather slow pulse. Usually crisis has occurred after two or three days, with rapid and complete recovery. In many cases there has been a harsh cough with a scanty sputum; occasionally more severe bronchitis and even bronchopneumonia have developed but among the young and healthy there seem to have been no serious consequences, and no definite statements are made as to the death rate, which in any event thus far has been very low." This latter statement may have proven most deadly in this area since the majority of local victims were under the age of 30. In fact, what made the 1918 influenza strain different from the regular flu was its choice of victims: the young and healthy.

Three weeks after the Post reported the flu had hit Lindsay, the local Medical Health Officer, Dr. McAlpine told the Post, "there was not a case of Spanish Influenza in Lindsay. The ordinary is grippe, which was quite common in the eighties and nineties, is prevalent." (Lindsay Post, October 19, 1918) However, the MHO requested the closing of all schools and theatres—closures that lasted into November. Dr. McAlpine's statement was hopeful at best. Deaths

due to pneumonia and/or influenza had been recorded during the four weeks prior to this statement.

Appearing in the same column of the newspaper were instructions from a local druggist about how to prevent influenza, in which it's interesting to see the similarities and differences given the advancement of modern medicine:

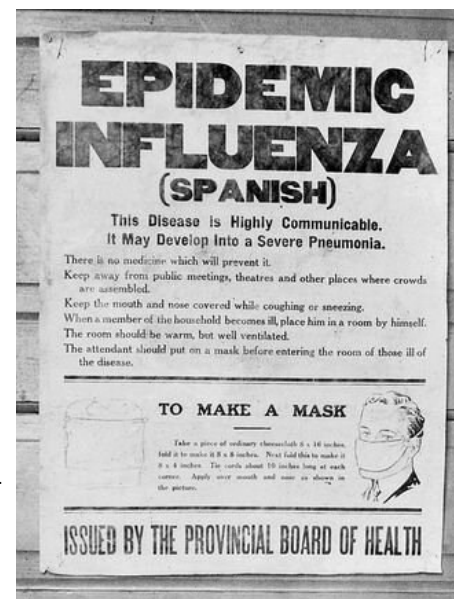
"Get a nasal atomizer from your druggist and an ounce or two of tincture of iodine. Mix two teaspoonsful of this and one teaspoonful of salt in a quart of warm water. Spray nose and throat with this night and morning.

Keep warm Keep out of crowds. Keep the bowels open. Eat and sleep well. Breathe fresh air.

To stop it—Go to bed immediately. Get a doctor as soon as you can. Keep quiet. Keep warm. Keep the bowels open. Shut the doors. Open the windows. Notify the Board of Health." (Lindsay Post, October 19, 1918.)

October 25th, the Post printed a telegram from the Provincial Health Officer to the Mayor of Lindsay, asking about the local influenza situation. The Mayor R. Kylie's replies are posted here

Continued p. 17



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History of Kinmount Railway Station Part II

In the latter half of the Twentieth Century, railways began a steady decline. The Great IB&O was closed in 1960. Passenger traffic was discontinued and the old Station building began to look abandoned. The waiting room was turned into storage and grass grew up in the rail bed. In the 1970s, CN closed the branch line altogether. The assets, including all the Stations, were offered to the two counties: Victoria and Haliburton for a small cost. Fortunately both counties leapt at the chance to acquire these valuable assets and the railway line and the stations were saved for posterity. The rails were torn up and sold, but the bridges and trestles preserved so traffic of a different sort could still use the corridors for recreation.

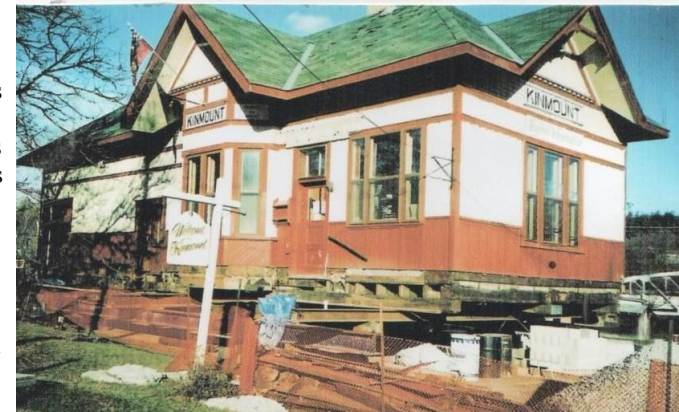
The Kinmount Station was refurbished and entered a new career as a Senior Citizens Centre. Eventually, the Seniors left and the Station began a new life as a Tourist Information Centre. The old building was brought back to its original state. The Station was given a new foundation. When it was returned to the foundation, every door and window still opened and closed like new. Sir William built to last! Washrooms and a small kitchen were added, and later wheel chair access. The information centre occupied the waiting room, and the ticket office became an office once more. The baggage area was converted into a model railway, faithfully depicting the old railway line from Kinmount to Haliburton with over 60

feet of historical settings and moving model trains! (The trains are “turned around” in the kitchen! Its not often lunch cooks share their kitchen with a train!) The Kinmount Model Railway Club constructed the train display and open it to the public in the summer months. Kinmount is likely one of the few villages where the railway line is “inside” the Station!

Today the City of Kawartha Lakes keeps the Station and the Railway Yards in tip-top shape. The site is heavily used, both in summer and winter. There is parking for those who use the recreational railway corridor for hiking, cycling, horse riding, AT-Ving and of course, snowmobiling. The neighbouring Austin Sawmill is being converted in a historical site. The mill yard is a delicious park. On Saturdays in the summer, a Farmer’s Market is held in the yards as well as many community events. A public washroom complex is attached to the Station for the general public to use. The



Above: the Station falls into decline; Below: restoration begins



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History of Kinmount Railway Station Part II

local Historical Society operates a research centre in one end of the Station. And of course, the whole area is littered with historical plaques, displays and information. The whole complex is intensively used for all seasons.

If there is one point to be made about the old Station and its surrounding complex besides all the features above, it is its visibility. Anyone passing through Kinmount from any direction, cannot miss the Station. It sits in the centre of the village in all its dignity, proudly

visible to all. Thus it was in the 1880s, and so it is today. Its not only a symbol of times gone by, but also of the present. It perfectly melds the past and present. Carry on old gal; you still have a job to do!



Clockwise from top: the Model Railway inside the station depicts the railway line from Kinmount to Haliburton; the Station Complex viewed from the dam; the Station viewed from the front; townsfolk gathered in April 2009 to commemorate Kinmount's 150th birthday

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Where Can I Get a COVID Test?

CHECK OUT THIS WEBSITE:

<https://covid-19.ontario.ca/assessment-centre-locations>

The Galwegians by Bill Lee

As the Peterborough Health Unit moved into the Yellow Code (as of February 16th), the status of the Galway Hall has changed slightly. Municipal employees continue to access the Hall and now some designated volunteers may also enter. However, the Galway Hall continues to remain closed to the public. No events and activities are scheduled. With the new variants and a potential 'third wave' of the coronavirus, it has been said that long term planning during the Covid-19 global pandemic cannot be more than seven days ahead! Please continue to check www.galwayhall.ca for updates. Perhaps you have heard Dr. Peter Lin on CBC radio or have seen him on CBC television. Currently, he is the Director of Primary Care Initiatives at the Canadian Heart Research Centre. He lectures and speaks on a variety of topics including Covid-19. As well, Dr. Lin maintains a busy family practice in Toronto. Dr. Lin has the ability to explain complicated medical situations using easy to understand language and images. For example, he suggests we picture everyone with the coronavirus on their shoulders, complete with its 'hooks' (not their heads). These 'hooks' are like keys that try to open up our body cells and that the new variants have keys that are more efficient and more successful in opening these cells. Keep this image in mind if you venture out! It reinforces the proven protocols of mask-wearing and physical distancing. The Galway Hall Board held its annual AGM for 2020 via Zoom audio on January 25th. All members were able to connect and participate. The Board shall continue to monitor and follow the mandates and protocols from the various levels of government. All planned activities for the Galway Hall in 2021 continue to be 'on hold'. This month's funniest word added to the 2020 dictionary is "techlash". As a noun, it means a strong negative reaction against the largest technological companies, or their employees, or their products. Remember the term marcescence from a previous article? This word is used to describe the retention of dead leaves on deciduous trees

through the winter. In observing two young beech trees this past month, their leaves seem to shudder or shake when the winter winds blow. This gives the overall appearance that the entire tree is shivering! Speaking of beech trees (especially mature ones), these trees are facing a double 'whammy' according to the Ontario's Invading Species Awareness Program from the OFAH. The first threat is an introduced beech scale insect (*Cryptococcus fagisuga*) from Europe. The second threat is a necrotic fungus which was likely native to North America. However, the combination of these two is resulting in severe die-back in mature Beech trees, potentially creating a significant threat to wildlife, biodiversity, and sustainable forestry in Ontario. The introduced scale insect provides an opening to a new host tree for the fungus. Not all beech trees are killed by the disease however, and prevention on individual beech trees is possible, according to the OFAH.

The Barred Owl was spotted again over the Family Day Weekend on West Clear Bay Road. It cooperated to have cell phone video footage to be taken and posted. Our local chickadees continue to be active, even in the -20C + temperatures. They have also recently decided to get 'up close and personal'. While enjoying a few of the "Bluebird Sky Days" (no clouds visible), sitting in a lawn chair and soaking up some sunshine, some chickadees came and checked me out. One landed on my toque and pecked on my forehead. Another landed on my nose. One checked out my ear. Some landed on my jacket and my gloves. Perchance, judging by my physique, these chickadees thought I was a gigantic, bell-shaped suet ball!





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Spot the Shot Recaptured

Last Month's Spot the Shot:
The old Elliot Falls Power Plant just north of
Norland off Hwy. 35. Note the new power
station slightly visible in the background.



Spotlight on a Lion: Wendy Walker

A fresh-faced and smiling Lion in our Kinmount Lions family: LION Wendy Walker. Lion Wendy is one of our newest Lions having joined in September 2019. While she has been a member mainly during the COVID-19 pandemic and has not experienced a typical Kinmount Lions year of Service, she loves what she has seen and experienced. Lion Wendy is an unapologetic optimist and has an easy smile and laughter that enlivens every meeting. Always ready to help where needed, Lion Wendy has been our liaison with Women Resources in Lindsay and kept the Club aware of their needs and able to make significant donations of goods essential to those living in their shelters.

Wendy worked as a Healthcare Aide and specifically in the Operating Room. She has two sons and a daughter, all doing well professionally, and is the proud grandma to 4 grand children.

Lion Wendy started volunteering with the Kinmount Lions Club even before becoming a member and has sold tickets on our Summer Draw and helped members working the concession stand at the Burn River Mixed Lob Ball Tournament in 2019. Lion Wendy's interest in Service is simply to helping folks in need and she has

“been overtaken by how busy the Kinmount Lions can be and how wonderful the people are.” Along with other Lions with poor internet service Lion Wendy has had a hard time attending online meetings, but she is eager for the return of in-person meetings and rejoining her Lions family. We all look forward to serving alongside Wendy once this pandemic is gone from our lives.

If you wish to know more about our Lions Club feel free to come to one of our meetings or approach us while we serve our community.



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Alex Crego Meets MPP at Kinmount Fair 1963


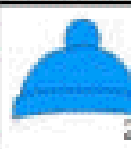


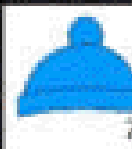



Alex Crego, 83, popularly known as "Mr. Kinmount", was caught by a candid camera shot, deeply engrossed in conversation with Hon. Leslie M. Frost M.P.P. at Kinmount Fair. Mr. Crego was telling Mr. Frost that he had attended the fair in 1890 and hadn't missed one since. He recalled when this northern agricultural show window was held in the main street of the village and of the old pioneer days of the county. "Many's the time I've voted for you and many's the time I've voted against you," he told Ontario's former Prime Minister, who smiled broadly. After Mr. Crego had thoroughly enjoyed the innumerable exhibitions and presentations, he was given a ride home by friends. During the drive, he remarked, "It was a grand show, the best yet", adding jokingly, "and the first time I've ever been there and not spent a cent." Below is pictured part of the record crowd, estimated at 10,000 as they gather at vantage points on the grandstand and around the racetrack as dignitaries take places in the judge's stand.







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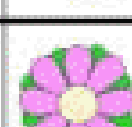



Winter Sudoku

	 4	 2	
 3			 1
 2			 4
	 1	 3	





Each row, each column and each of the large four squares should have one of each image. Fill in the blanks!

 1
  2
  3
  4

Spring Sudoku

 2			 3
	 3	 4	
	 1	 2	
 4			 1

Each row, each column and each of the large four squares should have one of each image. Fill in the blanks!

 1
  2
  3
  4

SUN CATCHER NATURE CRAFT

Gather up natural items like leaves, seeds, twigs or peelings and put them in a cake pan. Cover with water. Add food colouring if desired. Cut a piece of string long enough to hang your sun catcher. Take outside and place somewhere flat to freeze. Put several inches of each end of string in the pan. Leave out overnight. Remove your sun catcher from the pan once it is frozen and you have a nature sun catcher. Hang it up and now all you need is some sunshine!



Aurora, Asher and Abby enjoy a toboggan ride along the Rail Trail at Kendrick's Creek Trestle.



The Hot Stove Leak by Lynne Kilby

The pandemic has changed so many things for us. Among them, I am certain one thing most people missed during lockdown times were haircuts. While many simply let their hair grow, some completely shaved their head, and a significant number of people turned to do it yourself haircuts. Sales of hair clippers and hair cutting scissors surged. The results of these options have been very interesting. In fact, sometimes a hat has been the perfect fix!

With the lifting of restrictions, a visit to the hairdresser is high on the list of priorities for most people but there are still those who may not be in such a rush. I fall into that latter category.

I still have COVID hair. Although there are many safety protocols in place, I prefer to stay home as much as possible. It has been over a year since I last had a professional haircut so believe me when I say I am definitely overdue. I am that woman in the picture below who trims her own hair. The results are questionable. Good thing I don't see too many people, but I do miss my hairdresser and intend to see her sometime soon, The hair-raising question is when?

Ode to my Hairdresser



Wish I could come
and sit in your chair;
let you be the one
who chops off my hair!
But I must stay home
and you must stay there,
I miss you a ton,
And so does my hair!
Joyce Geleynse



Keep smiling! And please keep sharing your news in the Hot Stove Leak. Contact me at 705-488-2919 or email me at: lynne.kilby@sympatico.ca. Happy Spring!

STORY WALK AT KEN REID CONSERVATION AREA

Since a lot of events and activities have been cancelled this year due to Covid-19, this winter, Kawartha Conservation and Kawartha Lakes Public Library were thrilled to partner together for what has proven to be a most popular activity, the Story Walk at Ken Reid Conservation Area. Family and children walk along the Pond Loop Trail to experience a story unfold before them in nature. Stories are changed monthly. Parents, children, and visitors to the Story Walk are asked to follow appropriate social distancing measures while enjoying the walk and all areas of Ken Reid Conservation Area. Hours are sunrise to sunset, Admission is free. Parking \$4 per vehicle.

Visit kawarthaconservation.com for updates.



Charlee & Joe at the Story Walk

NEW AT KEN REID CONSERVATION AREA "THE TALKING FOREST"

Explore the trails of Ken Reid Conservation Area like never before, taking in the tales of trees that call the park home. The Talking Forest is an interactive trail that allows users to hear some of the different stories the trees in the park have to share, from the trees themselves. The trail features 15 stations, along Woodland Loop and Marsh lookout trail, where you will be greeted by the voices of various trees who will provide you with fun facts, historical information and may even direct you to other points of interest in the park. The trail is about 2.2 km long and takes about an hour to complete.

Download the Talking Forest app for free and see what the trees have to say. The app is currently available on Android platforms and is coming soon to IOS.

LOOKING BACK

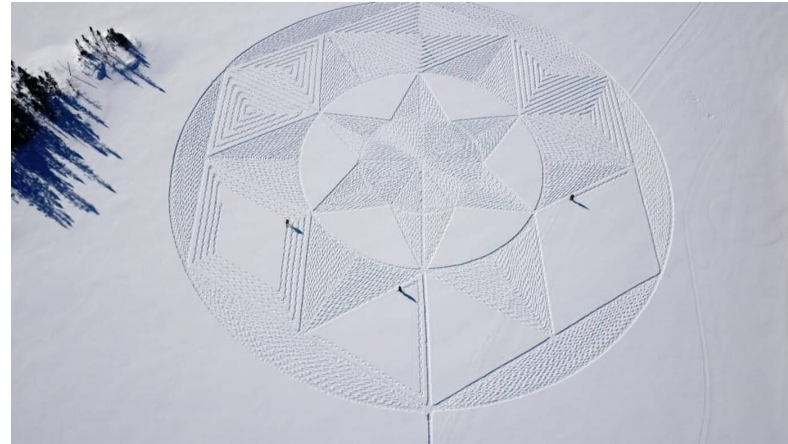
The photo below from the Sunderland and District Historical Society depicts one of the biggest snow storms of the 20th century. It took 20 men three days to open the road between Greenbank's town hall and post office back in March 1947. Here, dozens of men work to dig out a car on Highway 12 south of Sunderland.



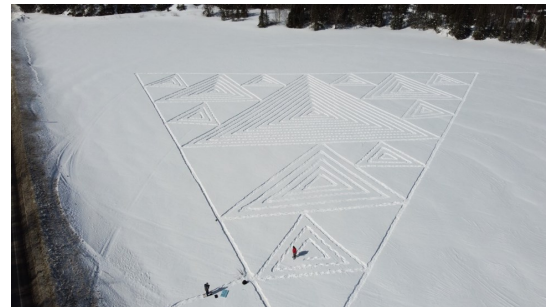
How many remember seeing this Kinmount Knights Ice Sculpture back in the early 2000's at Kinmount Winterfest? The sculpture, created by Custom Ice Art, was one of the many highlights at the event.



SNOWSHOE ART



Pandemic boredom? There's a new fad taking place this winter. Snowshoe Art! Simon Beck, of Schreiber, Ontario, recently made headlines with his intricate snowshoe designs. You can make your own simple designs with some snowshoes, a stick and of course a dusting of fresh snow. And here's some more ideas - make a snowshoe maze or carve out a maze in your yard.



MAILBOX ART

Ever tried making a snow sculpture around your mailbox? Maybe now is the time to get creative. It's a wonderful way to liven up your mailbox, get a little fresh air and have a little fun. But decorating your mailbox doesn't have to end with winter. How about thinking spring?



COBOCONK SCHOOL HISTORY

In 1864 a log schoolhouse was built in Coboconk, but it was eventually replaced by a frame building. After 1908 when fire destroyed the schoolhouse, students attended classes at the Queen's Hotel in Coboconk, until the new two-room brick and stone building was constructed. In 1934 a stone extension was added to the building to address the need for more space as students from Grades 8 to 10 were taking classes in a frame building behind the Pattie House. In 1958 another extension was made to the Coboconk Public School to address overcrowding due to the closure of smaller area schoolhouses. The school served students until the 1992 when Ridgewood Public School was built. The Coboconk Public School was sold to a private owner but over the years due to deteriorating condition it became a safety concern. The building was fenced but could still be entered. Area residents raised their concerns to the City of Kawartha Lakes as incidents of debris such as shingles were increasingly blowing off the building onto the streets and neighbouring properties. In 2019, the partial collapse of the roof and the deterioration of the supporting brick walls led to the decision to slate the building for demolition. It has since been demolished.





The Hot Stove Leak *cont.*

SPRING INTO KINMOUNT ARTISANS MARKETPLACE



Looking for something different to do? Spring on over to check out all the new creations at Kinmount Artisans Marketplace! Now open weekends, Friday to Sunday, 10 am to 4 pm in the lower level of Kinmount Community Centre.



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larry.darlenemann@gmail.com



LEGEND OF THE PUSSY WILLOW



A Polish legend tells the tale
Of tiny kittens, oh, so frail.
Along the river's edge they chased.
With butterflies, they played and raced.
They came too close to the river's side
And, thus, fell in. Their mother cried.
What could she do but weep and moan?
Her babies' fate were yet unknown.
The willows, by the river, knew
Just what it was that they must do.
They swept their graceful branches down
Into the waters, all around.
To reach the kittens was their goal;
A rescue mission, heart and soul.
The kittens grasped the branches tight.
The willows saved them from their plight.
Each springtime since, the story goes,
Willow branches now wear clothes.
Tiny fur like buds are sprung
Where little kittens once had clung.
And that's the legend, so they claim,
How Pussy Willows got their name!

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Letter to the Editor

To Lynne Kilby, Guy Scott, Jane Austin and all the others who work and bring the Gazette together:

I do enjoy reading the paper and look forward to the delivery.

I do hope you keep up the good work and all the best wishes this year.

Fay O'Neill

Editors Note: *Thanks Fay. All the best to you too!*



The Icelanders at Kinmount Part II

The Arrival at Hayford

When the first group reached their destination around midnight, exhausted and ill after trudging for about seven hours through the bush, they were

“dumped out of the wagons under the trees, in darkness such as I have scarcely seen the like. We knew not where to go and had sick children on our hands. At last, after a long and distressing wait with people milling about in the mud, two of our countrymen came, bringing a faint light, and directed us to a hovel which was under construction. (Simon Simonson: one of the arrivals)

Charles Dudman, a teamster who assisted in bringing them from Coboconk, was astonished that women and children had been sent. It was generally assumed that only men were on their way. Moreover, this was an uncertain time of year for travelling out in the open as night temperatures could plunge to near freezing.

The first lot which left Toronto on the 9th of October 1874, had good weather with a warm evening; whereas the second one that left on the 12th endured the coldest day of the month. In fact it proved so cold that a sleigh was sent with the wagons to collect the Icelanders in the event of snow. They suffered terribly from exposure, especially the women and children on the wagons. In the meantime, due to lack of baggage space, the first group had arrived without their warm bedding which was forwarded several days later.

From here on, particularly for the families, they were thrown into indelible grief which was to last a long time. They would soon have to survive as best they could against all odds – bitterly cold weather, overcrowding, poverty, disease and high infant mortality. Years later Dudman would recall how these immigrants remarked on the ‘pitch-black nights’ – an impression earned coming from a treeless, sub-Arctic island where the sun barely set in the winter. Besides, dense forest here loomed up on all sides, adding to the darkness.

The new home awaiting them

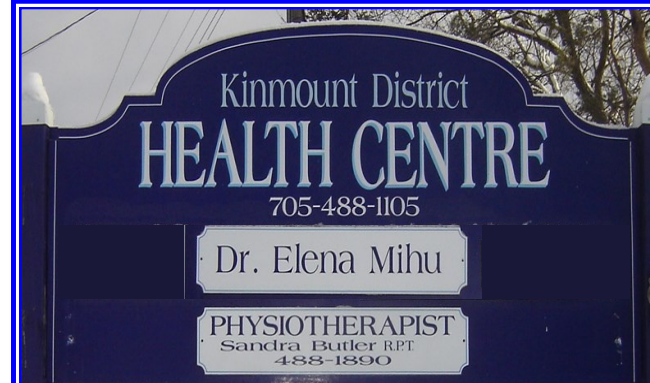
would popularly become known as Hayford, apparently after the General Immigration Agent for Ontario. It included four widely spaced but poorly constructed log shantys in a clearing on a river terrace near Kinmount. They were made of unhewn logs chinked with moss and clay, with plank floors, low ceilings and board roofs. The two largest measuring 70 ft by 20 ft each, had sleeping quarters and a dining area. The others measuring 35 ft by 20 ft were rough bunk houses, more suited to itinerant lumberjacks than families. The government sent in ten Conquest boiler stoves, expecting the settlers to buy them at cost price of \$24 each. Most of them were purchased, but two remained unsold, though kept in constant use. Railway work began with the arrival of the second contingent and from then on the Icelanders were to support themselves. At first Jonasson (government appointed guide) tried to establish a communal table, but that system didn’t last long. And those who attempted to cook for themselves didn’t manage well either. There was also a certain amount of pilfering of supplies. It appears, that at least for awhile, it was best to depend on an agency kitchen. Those who were too poor to pay for food and supplies had to register with a government meal plan. The cost of

Continued p. 14

“Kozie Toes”

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Your Health Centre Bulletin Board

**Check out our new website!
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The Kinmount & District Health Centre is pleased to announce the launch of our new website. It's the place to go for anything you want to know about the Health Centre.



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The Icelanders at Kinmount Part II *continued from page 13*

board at 31 1/2 cents per diem was to be paid from wages. As a start, this system was well intended, but employment proved unreliable.

It unfolded there were more men than jobs. The company took advantage of this over-supply of labour by dropping wages from \$ 1.12 1/2 cents a day to 90 cents. At first in October, the men found the days stifling hot and the work very hard: felling trees, grubbing pine stumps, blasting through granite and filling in huge sinkholes. They were in poor shape after their long and arduous journey.

Up to nine families were allotted to a single building, half the space required for the number of people. Conditions were such that:

"the beds were one above the other, with ends to the wall. It was scarcely possible to sit uptight in the side beds. Such illness prevailed in these huts that the poor children were stricken wholesale. It will be left to the imagination what the atmosphere was like inside." (Simonson)

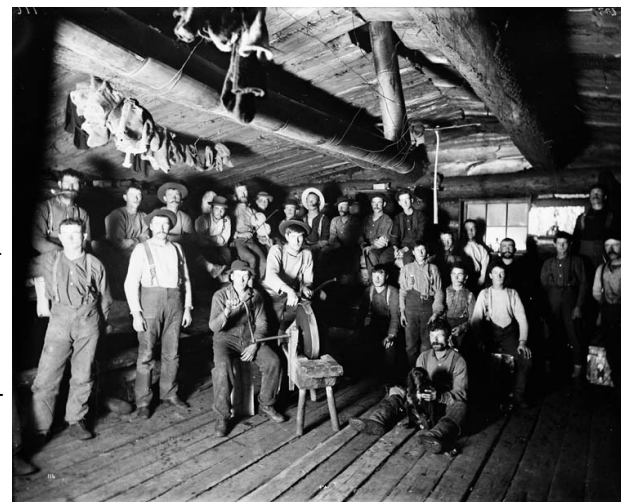
Under these conditions, children succumbed in unprecedented numbers. Almost every day brought new cases of illness with the greatest impact on the young. After three weeks, upwards to sixteen children and a girl of seventeen had died. There was a doctor in town, but he was of little help as whiskey had almost done him in.

Funeral processions coming out of Hayford was becoming a familiar sight to the local people – tragic events – ending up in unmarked graves along the riverbank. Conditions rose to such a magnitude that a doctor was called in from Lindsay by the railway company and the government to assess the situation and treat the sick. His report of November 2, 1874 appeared in the Canadian Post (Lindsay) :

"I proceeded on Thursday last to visit the Icelandic immigrants, taking with me a quantity of medicine. I found a large number of them sick with chronic diarrhoea. I was told sixty-some had been suffering from the disease ever since they had left their native land, and not being properly attended to, the disease had become contagious and of the young children, sixteen had died. During the night I was there, two more died and there was two or three too far gone to recover..." (Dr Fidler MD)

The same article goes on to describe a visit, a day before the doctors, to the shantys by government and railway authorities. The company president, George Laidlaw, had special concerns about the business at hand. They observed that out of ninety able-bodied men, only fifty were at work.

Moreover, the people seemed to be "neglecting the ordinary means of preserving health, that the shantys were too thickly populated and the women and children exhibited an aversion to outdoor exercise". Clearly an overwhelming malaise had developed in the community due to the many grievous deaths, overcrowding, improper ventilation and sanitation, unbalanced diet, encroaching winter and uncertainty for the future.



From the top: Inside a lumber shanty. It was meant to be a "sleeping quarters" only. It could be very crowded, unsanitary and prone to infections; Old steam engine on the trestle over Rushworth's Creek at Hayford. The Icelandic village was just off to the left (east) side of the trestle; Scene along the rail line between Hayford and Kinmount; the small trestle is part of the Victoria Railway Recreational corridor





Memories Before COVID 19 by Yvette Brauer

Spring is coming! The first signs of spring are black flies, garden clean up and planning the vegetable garden, as well as hoping the river does not spill over its bank. That part remains the same, Every May long weekend the Farmers Market opens. Before COVID, this was a fun weekly adventure for myself and Lynne Kilby. We welcomed visitors to the market, asked where they were from, where they were going? (Cottage? Where is your cottage?) We met people from as far away as Germany and Australia. Don't worry we will not be visiting! We promoted Kinmount Artisans Market, the Theatre, Music in the Park, our wonderful one of a kind Train Station and local businesses, all while persuading folks to buy a Chicken Poop Bingo number to support children's activities at Family Funfest. Canada Day celebrations at the Fair Grounds brought music and family fun. Standing at the gate were my son Trevor, Len Green and I welcoming visitors and swatting black flies. Thursday evenings in July and August, Kinmount Committee for Planning & Economic Development and our Lions Club sponsored Music in the Park. Friends, neighbours and vacationers alike enjoyed talented local musicians. Darlene and Garry Round joined me in welcoming the entertainers, food was available to purchase, provided by Linda J's Market, otherwise known as Linda and John. Dar-

lene, Trevor & I mingled with the crowd selling 50/50 opportunities. The Ice Cream Truck was a big hit. The Journey for Health raised funds for the Kinmount Medical Centre. It was held the second Sunday every August and was attended by our local Fire Fighters and medical team, along with many supporters who walked for the cause. The second Saturday in August our Street Party, Family Funfest, was a huge success for our small village. Lynne Kilby is behind all the planning and booking for this event. A popular event is our "Chicken Poop Bingo" location. Everyone cheering a chicken to poop on their numbered square. The highlight of 2019 "a chicken flew the coop" so to speak, flew over the fence. The fun was watching Billy Fountain and others trying to catch it! In September we welcomed Kinmount Fair and Kinmount had a traffic jam. Thanksgiving Events, the Christmas Tree Lighting and Christmas in the Village events were well enjoyed. All of these events brought the people of our community together. I look forward to a time when we can enjoy these things again, and look back and say "Remember when?"

Food Fanatic by Michelle Barkwell

Please continue to follow the rules regarding Covid so we all get through this safely. Take care.

Ritz Mock Apple Pie

Filling:

2 cups water
3/4 cup sugar
2 tsp cream of tartar
30 Ritz crackers
1 unbaked 9" pie shell
1 tbsp lemon juice
1 tsp cinnamon

Topping:

1 cup finely crushed Ritz cracker crumbs, about 25 whole crackers
1/2 cup lightly packed brown sugar
1/2 tsp cinnamon
1/3 cup melted butter or margarine
Combine water, sugar and cream of tartar; bring to a boil.
Drop in whole crackers and simmer for 5 minutes.
Pour mixture into pie shell; sprinkle with lemon juice and cinnamon.
Combine all ingredients for topping and sprinkle over pie.
Bake at 400F for 15 minutes, then reduce heat to 350F and continues baking for 15 to 20 minutes longer.
Serve warm.

For those with a Soda Stream machine you can make your own syrups that contain no additives. Use 2 to 4 tablespoons of syrup with 1 cup cold seltzer.

Arnold Palmer – Steep 4 black tea bags in 2 cups boiling water for 10 minutes, remove bags. Simmer the tea with 1 cup sugar and 1/2 cup lemon juice over medium heat until syrupy, 15-20 minutes; let cool completely. Mix with seltzer.

Lemon Ginger Ale – Simmer 2 cups water, 1 cup each sugar and finely chopped ginger, and the zest (wide strips) and juice of 2 lemons over medium heat until syrupy, 15-20 minutes; strain. Let cool completely. Mix with seltzer.

Pina Colada - Simmer 1 1/2 cups pineapple juice with 1/2 cup each sugar and coconut milk over medium heat until syrupy, 15-20 minutes; let cool completely. Stir in 1/2 tsp rum extract and 1/4 tsp coconut extract. Mix with seltzer.

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Royal Canadian Legion Branch 441 by Tammy Warburton

Erring on the side of caution we are keeping our physical doors closed for now. We will keep you posted as things at Branch 441 progress. We are still here to support community members and our Veterans. We would not be able to operate and support those who require our assistance without the generosity of our members, our community and supporters. Thank you to you all.

In these unprecedented times like everyone else, we at Branch 441 are also thinking outside the proverbial box. We invite our branch members and local community to submit fundraising ideas (that fall

within Covid-19 guidelines) to 441rcl@gmail.com. We would love to hear your ideas. If your idea is chosen, you could win a cake from Tweety Cakes Bakery. Members can still renew their memberships via e-transfer to 441rcl@gmail.com or online at legion.ca. Membership renewals are \$60 for the year. If you have any questions, comments or concerns email us at 441rcl@gmail.com, visit our Facebook page or call president Mary Lou Ferguson at 705-488-3174. Stay home and stay safe.

In the Lions Den by J.C. Lagrange

Restarting life after the lockdown ... the sequel.

January was a challenge for everybody's sanity, and it is certainly a relief that the lockdown is easing. We can only hope the new COVID strains are not a big threat and that vaccination goes well with everyone rolling up their sleeve to get their shot when it is offered. Your Kinmount Lions are making plans for a couple of new activities and after a few delays our Facebook page will soon feature an activity that will challenge all local shutterbugs. Some of you may wonder how have Lions International helped with the pandemic crisis. The Kinmount Lions Club is in a District called A16 that contains 52 Lions Clubs and since July 2020 our district has conducted 883 Service activities over 17,000 service hours serving more than 85,000 people. Including meetings, the Kinmount Lions reported 31 activities over 295 service hours and serving more than 1,200 people. Our charitable arm, Lions Clubs International Foundation has donated over \$5 million worldwide to Corona Virus related projects. We continue to introduce the Five Global Causes that Lions Clubs are addressing in their Service activities. They are Diabetes, Vision, Childhood Cancer, Hunger, and the Environment. Last month we covered Vision and today, we will

quickly outline our efforts in the fight against Diabetes. **DIABETES** is now our most impactful area of focus. This illness can affect our heart, blood vessels, kidneys, and nerves. Often diabetes can lead to amputations and tooth loss from poor circulation and result in reduced vision or blindness. It is also an illness that effects all regions of the world rich and poor. It is estimated that by 2045, 645 million adults will be struggling with diabetes. Lions Clubs conduct information, prevention, and screening campaigns and partner with local health organizations to provide service projects that improve the quality of life for those already diagnosed. Other service projects focus on improving the lifestyle of those dealing with the disease through exercise, nutrition, and counselling programs. Locally, your Kinmount Lions Club have joined with the Haliburton Lions Club in a Diabetes screening at a local supermarket, assisted in a health fair and this year decorated a tree in town to celebrate Diabetes Awareness Day.



The 1918 Influenza in Kawartha Lakes *con't from p. 3*

alongside the questions for easier reading: How many cases of Spanish Influenza have you? *Between four hundred and five hundred.*

Are they increasing in number? *No, but very severe.*

Have you sufficient professional assistance of doctors and nurses? *Yes.*

If not, what further assistance do you require? *No further assistance at present.*

State fully, are you arranging to establish a branch of the newly organized Ontario Emergency Volunteer Health Auxiliary.

Volunteer classes here have been most successful. Strongly recommend you to follow suit. *Not arranging to establish a branch of Emergency Volunteers.*

If you require lecturer to help qualify your applicants we will provide one. Lectures already given to volunteer classes are printed in full in to-day's Toronto papers. Recommend you to have considerable number of copies to instruct your volunteers. *Do not require lecturer at present.*

Cities like Toronto and Oshawa seemed to have been hit harder than Lindsay and area. Local nurses volunteered to help in Oshawa. The volunteers from the Voluntary Aid Detachment included Aileen Hughes, youngest daughter of Sir Sam Hughes.

By November 9th, the Post was reporting the flu epidemic "knocked out". The ban on churches, schools and theatres was lifted.

The Post went on to admonish "exaggerated reports" of the number of cases and "seriousness of the epidemic and the number of deaths" because of the effect this had on businesses. "Business men who suffered monetary losses during the epidemic naturally expect busy conditions,

now that it has been stamped out, and those who were stampeded from visiting towns as a result of the local situation, which, as stated above, was greatly magnified, are invited to come early and often, as the town is wide open and outside of the danger zone."

However, the danger was not over. An outbreak happened at the end of November at the St. Joseph's Academy, claiming the life of Sister St. Leonard and several students.

Two weeks later, the PHO warned of the impending second wave of infection.

The total number of deaths due to the 1918 influenza is not known—not for Canada, Ontario, or Kawartha Lakes. Deaths in Ontario for the month of October were estimated at 3000, but it was also thought to be only half the true total. At the time, there was no requirement to report numbers of influenza and pneumonia cases to the Provincial Board of Health. Since laboratory testing of the virus did not exist, death records may not accurately report causes of death ("old age" is a common cause of death in this time period, but could be related to the influenza virus.)

The 1918 Kawartha Lakes (Victoria County) death records indicate influenza deaths may have been recorded only as pneumonia (or other causes), thereby reducing the overall "seriousness" of the epidemic:

After the revelry of the Armistice, the reopening of schools in November, and the reunions of families over Christmas, the 1918 influenza resurged through Kawartha Lakes in early 1919.

Outbreak occurred in Omemee to such extent that on January 8th the public

board of health closed schools again, reduced church service to Sunday morning only and decreased business hours. In Cambray the outbreak required the complete closure of churches and schools for five weeks. In the January 24th edition, The Post reported the Provincial Officer of Health as stating the flu was likely to linger, as it was only just spreading to rural areas that had escaped the "earlier ravages of the malady."

On February 3rd, local brickyard magnate, S.J. Fox, received word that all three of his brother's sons were dead from the flu. The boys, aged 16, 14 and 12, were the sons of Charles Fox. The family had recently moved from Coburg to Mechanicsville, New York. At the time of reporting, both Charles' wife and daughter were still ill with the flu.

Read on to see how this flu affected the life of one local World War One veteran, Maude Dayton.

Delia Maude Dayton (23 June 1887 - 14 July 1970), daughter of Charles Dayton and Mary Grace Hooper, was born and raised in

Continued p. 18

VOLUME 13 IS HERE!

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"FLU" WAS BAD AT KINMOUNT

Kinmount, Dec. 18.—Mrs. Wilson, teacher in the intermediate room in school, has had a very severe attack of influenza, which obliged her to have her room closed until after holidays. Dr. Frost attended and the disease was checked.

Mr. John Wilson of town has been seriously ill with the prevailing epidemic. He is now recovering and will be around again.

The little son of Mr. and Mrs. J. Brandon has also been very ill with this disease.

The village was comparatively free from the epidemic, but lately many cases have been reported. None have been fatal.

Dr. E. A. White, who took ill and was obliged to go to his home in Fennelon, has returned to our village to attend his patients. The Flu had him in its grasp for a while but was beaten.





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The 1918 Influenza in Kawartha Lakes *con't from p. 17*

Little Britain (in the former Mariposa township in Kawartha Lakes). She trained as a nurse at the Clifton Springs Sanatorium, graduating in 1914. In 1916 she enlisted and served in the Canadian Army Medical Corps in World War I as a nursing sister. She was posted right away to the Ramsgate General Canadian Special Hospital in June 1916, then six months later transferred to France to work at the No. 3 General Hospital in Le Treport. In October 1917 she contracted an infection in her left sinus following a tooth extraction and was sent back to England. She was returned to Canada in December as unfit for general service and reassigned to service on the home front. A year later, in October 1918 at the height of the pandemic, Maude was diagnosed with influenza and was hospitalized at Cobourg. Although she was only 31 years of age, she never fully recovered her health and was recommended for discharge as being medically unfit. She was struck off strength in January 1919 and fully discharged by March 1920. Maude eventually returned to her family home in Little Britain where she passed away in 1970 at age 83.

FOR ALL RANKS.
PROCEEDINGS OF A MEDICAL BOARD.
(Short Form)

Place Cobourg Date Nov. 6/18.

Number ---- Rank N.S. Name D. Maud Dayton

Corps C.A.M.C. Age 31 Religion Meth.

(1) Disability Debility following Influenza.

Neurasthenia. Markedly defective memory.

2) Incurred - Date Oct. 1918. very nervous. Very excitable when any rush of work. Shows marked prostration since influenza, tires very easily.

(Cancel one) (Overseas) (Canada.)

(3) Category D.

(4) Recommendations - If extension of leave is recommended, reasons should be given, based on present physical condition.

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Brenda Mulholland, Desmond Howard

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Jane DeFinney, Jeff DeFinney, Scott Webb

HAPPY BELATED BIRTHDAY Jack DeFinney

Give Your High Five by Friday, February 19 for the March edition

lynne.kilby@sympatico.ca or 705 488 2919



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www.kinmount.ca

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Spot the Shot



Each edition we feature a photo from the Kinmount Area. We challenge you to identify the spot.

Submissions of photos welcome.
Please submit to the editor via email with a detailed description of the spot you have captured.

Last month's Spot the Shot:
The old Elliot Falls Power Plant just north of Norland off Hwy. 35.

SUBMISSION DEADLINE
for April 2021 Edition
Friday, March 19, 2021

From the Editor's Desk

Winter is winding down. March 1st will be the 90th day of Winter. That means 10 more days... or so of winter. But the elephant in the room is not the end of winter, or the weather, but how Covid-19 will affect our summer season. There is no doubt most people look forward to the "Summer Season". The list of community events really scales up after May 1st and takes off in July. The best that can be said for this summer schedule is "wait" for now. Many events up to July have already been cancelled. But hope for events after Canada Day still lingers. Uncertainty reigns at this time. I am reminded of two song lyrics: Joni Mitchell warbled "You don't know what you got till its gone". And Tom Petty summed it up well as "The waiting is the hardest part". All I can say is stay tuned. Last summer, I substituted "Road Trips" for community events. I have always liked exploring the back roads, ghost towns and little-known historical places in our area of Ontario. I had some fascinating day-trips in the Back townships. On my travels, I came across several Barn Quilt Trails. They were great excuses to check out local history and geography. I ended up touring three of these

Barn Quilt Trails. While snooping deep in the back concessions of Ryde Township (near Gravenhurst), I thought this would be a good idea for Kinmount. Various groups in the community had talked about a driving tour of the area. A couple of self-guided walking tours were already a fact. So moving to the Barn Quilt Trail concept was just another step in this direction. I have started the ball rolling by contacting some local community groups that might be interested. After positive feedback, we should move to the next step and gauge community interest. Therefore I am asking any community members or groups who want to be part of this idea to contact the editor. If I hear enough feedback, we can proceed with planning our own Barn Quilt Trail. The Kinmount area has so many historical sites, beautiful back roads and community pride, such a tour is a logical step in showing pride in our community. Please show your spirit and get on the tour. The Icelandic Club of Toronto is running their "Icelanders At Kinmount" series part II this month. Part I dealt with the historical settlement of 1874-1875. Part II will focus on "Kinmount Redis-

covered" in the modern era. It will include the Icelandic sculpture at Railway Station and many other events. The Gazette is featuring excerpts from the book "Icelanders of Kinmount: An Experiment in Settlement (1874-1875)" by Don Gislason. This book is available at the Artisan's Marketplace in Kinmount for anyone who loves a good historical tale.

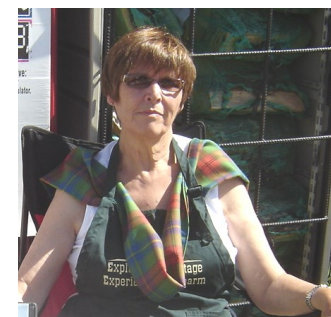
And speaking of the Marketplace, it has reopened on weekends only as of March. It has been an uncertain year, but the local artisans are determined to keep going.

The school system has struggled throughout the pandemic, and the latest change is the change of the traditional March Break. It has been moved back a month and will now start on April 12.

It has been a good year for snowmobiling, after a slow start. Snow conditions have been perfect the last month, but the sun is getting stronger. I heard an interesting description of Canadian weather. It goes "Canada has 4 seasons: almost winter, winter, still winter and fly season". Still winter is in full swing!

Diane Kernohan has passed on since last month. She had been

active in the community for many years, including being named Citizen of the Year. In more positive news, the Shop 'N Save is moving to the old Dettman's Store. The current building will feature a new business. Stay tuned for more information. And as for news on the many events and businesses in earlier editions of the Gazette (such as the Highlands Cinema and the Kinmount Fair): still in "wait and see". Stay tuned! GS



Diane Kernohan was our Citizen of the Year in 2013

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